The original church of St Mary’s was founded in the 12th century. Little is known of the form of the church then except that it would have been in the Norman style and essentially simple in construction.

Further development took place over the following eight centuries in three main stages. First the change to the Decorated style in the 14th century, the addition of the tower in the 18th century and lastly the substantial restoration during the Victorian period including the major addition of the north aisle and vestry.

Best of all on the south side of the chancel is the fine 14th century triple sedilia and piscina. The arches terminate in carved stone heads of a king, a Celtic bishop and monks. Between the arches are leaf forms and a tailed and winged monster in the westernmost one.

The 15th century inner doorway of the porch has a pointed archway but the original Norman arch of the south doorway is still visible inside the church. The 15th century font is octagonal with a quatrefoil design and on the faces of the octagonal base is a two light window design. The plinth is modern.

In 1860 the church was thoroughly restored and enlarged with the addition of the north aisle and the vestry. A new screen was placed at the base of the tower where St Fagan is depicted in
the stained glass. During this restoration the Lord’s Prayer was discovered under the whitewash on the south-west wall of the chancel. The work was overseen by G E Street and the costs were largely defrayed by Baroness Windsor.

The stained glass is Victorian and includes a fine series by Hardman & Co. This was commissioned by the Windsor family to be inserted in the older windows. The Good Shepherd window in the south of the nave commemorates Mark Strong and was designed by Colwyn Morris of Glantawe Studios in Swansea.

Entry to the churchyard from the west is through a lych-gate which was given to the church in 1885 by Robert Forrest in memory of his young son.

In the churchyard gravestone inscriptions date from 1733 to the present. An index of those buried is available for those interested in tracing their ancestors.