

Thought for the week:
 Love of God is the root, love of our neighbour the fruit of the Tree of Life. Neither can exist without the other, but the one is cause and the other effect.

William Temple

Today is Sea Sunday, and this year is the 160th anniversary of the Mission to Seafarers. As a parish, we have supported the Mission in the Port of Cardiff, and we remember those who sail the seas to bring food and goods to our island. We are making a collection for the Mission in both churches today. Please give generously.

St. Teilo Arts AGM is straight after the morning service in church today.

Tonight's advertised Celtic Evening Liturgy in St. Teilo's has been postponed until the autumn.

Tomorrow is the last 'Sunday on Monday' of this academic year. Many thanks to the team who turn out week after week to work with our youngest people - it is much appreciated!

This Saturday there will be another session of Circle Dancing in St. Michael's from 10am to midday. All welcome.

THE PARISH OF CATHAYS

Priest-in-Charge:
 Rev'd Caroline Downs
 Tel: (029) 20495699

Assistant Curate:
 Rev'd Meg Underdown (029) 20331988

Readers:
 Liz Haigh (029) 20496902
 Peter Swinbank (029) 20232216
 Matthew Dixon 0771 5573013

Parish Wardens:
 Paul Gregory (029) 20403954
 Geraldine Payne 0794 7804134
(Gerry, our new People's Warden, is very happy to receive calls on Parish or other matters from anyone in either church)

Sub-wardens (St. Michael's):
 Jeff Doidge (029) 20395050
 Edwina Jenkins (029) 20453347

Sub-wardens (St. Teilo's):
 Andrew Connell (029) 20371533
 Joan Stevens (029) 20755374

PCC Secretary:
 Rhiannon Williams
Please contact Rev'd Caroline to arrange baptisms, marriages, banns, and Holy Communion for the sick and housebound. Please let Caroline know if anyone wishes to be prayed for, is ill or in hospital or would welcome a visit.

Notes & Queries

- ✦ There are many spaces on the flower rota in St. Michael's. If you would like to book a Sunday to remember a loved one, please see Val.
- ✦ Caroline is interviewing during the day on Tuesday and on Thursday after the morning Eucharist.
- ✦ Caroline and Meg are attending clergy training on Wednesday and so will not be available.
- ✦ Thanks to those who have been arranging and supervising concerts in St. Teilo's - it all helps to keep our buildings open.

*Readings for next Sunday, Pentecost 9/ Trinity 8, are:
 Genesis 18:1-10a; Colossians 1:15-28; Psalm 15; Luke 10:38-42*



THE PARISH OF CATHAYS

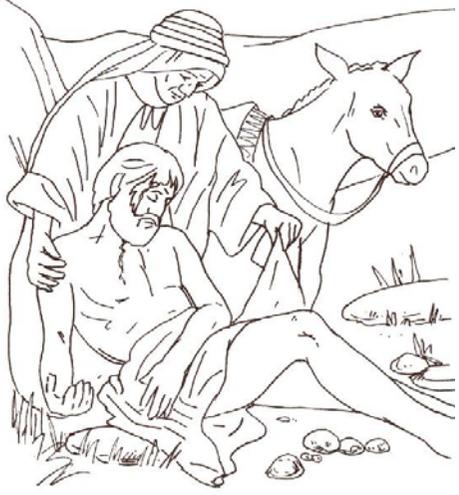
THE CHURCHES OF
ST. ANDREW & ST. TEILO,
 WOODVILLE RD.
ST. MICHAEL & ALL ANGELS,
 WHITCHURCH RD.

July 10th 2016
Trinity 7
Pentecost 8
Year C

Everyone is welcome here. In St. Michael's you will find a Sunday School, at which all young children are very welcome. There is a family service on the first Sunday of each month. In St. Teilo's we have a choir in university term-time, and the church has traditionally been a place of worship for students, as well as the wider community. If you are new to the church please make yourself known to Caroline, the Wardens, or a member of the congregation. Please stay for tea or coffee after the service.

THIS WEEK IN THE PARISH

<p><u>ST. TEILO'S</u></p> <p><u>ST. MONICA'S</u> <u>Wednesday, 9am</u> Assembly</p>	<p><u>ST. MICHAEL'S</u></p> <p><u>Monday, 3.15pm</u> Last Sunday on Monday</p> <p><u>Thursday, 9.30am</u> Holy Eucharist</p> <p><u>Saturday, 10am-12pm</u> Circle Dancing</p>
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For more detailed information on all our activities, please visit our website:
www.cathaysparish.org.uk

Who is my neighbour?

Collect of the day:
 Merciful God, you have prepared for those who love you such good things as pass our understanding: pour into our hearts such love toward you that we, loving you in all things and above all things, may obtain your promises, which exceed all that we can desire; through Jesus Christ our Lord. **AMEN.**

THE OLD TESTAMENT READING

SIT

The reader says: A reading from the book of Deuteronomy.

Deuteronomy 30: 9-14

The Lord your God will make you abundantly prosperous in all your undertakings, in the fruit of your body, in the fruit of your livestock, and in the fruit of your soil. For the Lord will again take delight in prospering you, just as he delighted in prospering your ancestors, when you obey the Lord your God by observing his commandments and decrees that are written in this book of the law, because you turn to the Lord your God with all your heart and with all your soul. Surely, this commandment that I am commanding you today is not too hard for you, nor is it too far away. It is not in heaven, that you should say, 'Who will go up to heaven for us, and get it for us so that we may hear it and observe it?' Neither is it beyond the sea, that you should say, 'Who will cross to the other side of the sea for us, and get it for us so that we may hear it and observe it?' No, the word is very near to you; it is in your mouth and in your heart for you to observe.

Silence

Reader: This is the word of the Lord.

Response: **Thanks be to God.**

THE EPISTLE

SIT

The reader says: A reading from the Letter to the Colossians

Colossians 1: 1-14

Paul, an apostle of Christ Jesus by the will of God, and Timothy our brother, To the saints and faithful brothers and sisters in Christ in Colossae: Grace to you and peace from God our Father. In our prayers for you we always thank God, the Father of our Lord Jesus Christ, for we have heard of your faith in Christ Jesus and of the love that you have for all the saints, because of the hope laid up for you in heaven. You have heard of this hope before in the word of the truth, the gospel that has come to you. Just as it is bearing fruit and growing in the whole world, so it has been bearing fruit among yourselves from the day you heard it and truly comprehended the grace of God. This you learned from Epaphras, our beloved fellow-servant. He is a faithful minister of Christ on your behalf, and he has made known to us your love in the Spirit. For this reason, since the day we heard it, we have not ceased praying for you and asking that you may be filled with the knowledge of God's will in all spiritual wisdom and understanding, so that you may lead lives worthy of the Lord, fully pleasing to him, as you bear fruit in every good work and as you grow in the knowledge of God. May you be made strong with all the strength that comes from his glorious power, and may you be prepared to endure everything with patience, while joyfully giving thanks to the Father, who has enabled you to share in the inheritance of the saints in the light. He has rescued us from the power of darkness and transferred us into the kingdom of his beloved Son, in whom we have redemption, the forgiveness of sins.

Silence

Reader: This is the word of the Lord.

Response: **Thanks be to God.**

Psalm 25: 1-10

STAND

To you, O Lord, I lift up my soul; * O my God, in / you I / trust: let me not be put to shame; * let not my / enem- • ies / triumph / over me.

Let none who look to you be / put to / shame: but let the / treacherous • be / shamed • and frus- / trated.

Make me to know your / ways, O / Lord: and / teach me / your / paths.

Lead me in your / truth and / teach me: for you are the God of my salvation; * for you have I / hoped / all the • day / long.

Remember, Lord, your com- / passion • and / love: for they / are from / ever- / lasting.

Remember not the sins of my youth * or / my trans- / gressions: but think on me in your goodness, O Lord, * according / to your / steadfast / love.

Gracious and upright / is the / Lord: therefore shall he teach / sinners / in the / way.

He will guide the humble in / doing / right: and / teach his / way • to the / lowly.

All the paths of the Lord are / mercy • and / truth: to those who keep his / coven- • ant / and his / testimonies.

For your name's / sake, O / Lord: be merciful to my / sin, for / it is / great.

THE GOSPEL

STAND

Priest: Listen to the Gospel of Christ according to Saint Luke

Response: **Glory to you O Lord.**

Luke 10: 25-37

A lawyer stood up to test Jesus. 'Teacher,' he said, 'what must I do to inherit eternal life?' He said to him, 'What is written in the law? What do you read there?' He answered, 'You shall love the Lord your God with all your heart, and with all your soul, and with all your strength, and with all your mind; and your neighbour as yourself.' And he said to him, 'You have given the right answer; do this, and you will live.' But wanting to justify himself, he asked Jesus, 'And who is my neighbour?' Jesus replied, 'A man was going down from Jerusalem to Jericho, and fell into the hands of robbers, who stripped him, beat him, and went away, leaving him half dead. Now by chance a priest was going down that road; and when he saw him, he passed by on the other side. So likewise a Levite, when he came to the place and saw him, passed by on the other side. But a Samaritan while travelling came near him; and when he saw him, he was moved with pity. He went to him and bandaged his wounds, having poured oil and wine on them. Then he put him on his own animal, brought him to an inn, and took care of him. The next day he took out two denarii, gave them to the innkeeper, and said, "Take care of him; and when I come back, I will repay you whatever more you spend." Which of these three, do you think, was a neighbour to the man who fell into the hands of the robbers?' He said, 'The one who showed him mercy.' Jesus said to him, 'Go and do likewise.'

After the Gospel:

Response:

This is the Gospel of the Lord.

Praise to you O Christ.